

ANNAPURNA SANCTUARY



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Url: <https://mandalatrek.com.np/trip/annapurna-sanctuary-trek/>

Country

Nepal

Difficulty

easy

Day 01: Arrival in Kathmandu around 11am free visit (cool) at the hotel in Thamel

Day 02: Departure for Pokhara by bus about 8h transfer, in Pokhara free visit

In the morning, your driver takes you through a road that winds along the mountainside to reach the peaceful town of Pokhara, surrounded by the Annapurna range. Through your window, you see a succession of spectacular landscapes. Between deep valleys, rice terraces, historic villages, ancient temples and rocky gorges. In the distance stand out the Machhapuchhare and the Annapurnas. Settle into the lake view hotel near Phewa Tal Lake, the Himalayan chain is reflected on the water, revealing peaks over 8000 meters. Stroll through the shopping streets and get a good night's sleep before your trek begins.

Day 03: Departure for the trek from Phedi 800 m to Luwang 1560 m 6H

On the way to the Gurung village of Luwang (1560m). This village is renowned for its tea culture. The village offers us a splendid panorama on the Mardi Himal, Macchapuchare and Annapurna III.

Day 04: Luwang 1460m - Landruk 1560m 6H

- This morning, we resume our trek for a first stop at Forest Camp (1600m). The trail passes through rhododendron forests. You may be lucky enough to see wild animals.
- After lunch, we continue our journey by a small path to the village of Landruk.

Day 05: Landruk 1560m - Jhinudanda 1780m 4H

- We cross the Modi Khola river valley by a suspension bridge.
- After arriving at Jhinu Danda (1780m), after a steep climb, and after lunch, you can relax in the hot springs.

Day 06: Jhinu Danda 1780m -Bamboo 2325m 6H

The day begins with a steep climb towards Chomrong (2170 m). Before crossing the cultivated terraces to Sinuwa (2360 m), where we have lunch. We resume our trek and pass through a beautiful tropical forest before arriving at Bamboo

Day 07: Bamboo 2325m - Deurali 3200m 4H

- Today we take the road to Deurali.
- Along the way, we cross a beautiful forest of Rhododendrons.

Day 08: Deurali 3200 - Machapuchare Base Camp 3700 m 3H

In the morning, we climb gradually to the Base Camp of Machhapuchare where we will have lunch, the afternoon free. Acclimatization.

Day 09: Mbc 3700m - Abc 4130m 1H30

- Last big climb to reach the Annapurna Sanctuary (4130 m).
- Take the time to admire this breathtaking 360° view of the 13 peaks of the Annapurna massif.

Day 10: Annapurna Sanctuary 4130 m - Bamboo 2325 m 6H

Sunrise (optional) on a belvedere at 4400 m seen fantastic on the south face of Annapurna 1, one of the most formidable in the Himalayas, then Long descent to Bamboo

Day 11: Bamboo 2325m - Chomrung 2170m 4H

Today we walk to reach the beautiful Gurung village of Chomrung

Day 12: Chomrung 2170m - Ghandruk 1950m 5H

This morning, we resume our trek to the beautiful village of Ghandruk, which offers incredible views of Annapurna and Macchapuchare.

Day 13: Gandruck 1950m - Pokhara 850m

- In the morning we descend to Birethanti (1100m). From there, a bus takes us to Pokhara.
- Take advantage of your free afternoon to rest or stroll around Pokhara.
- Night in Pokhara at the Lake view hotel.

Day 14: Day visit Pokhara. Night at the hotel.

Day 15: Departure for Kathmandu by plane about 30 minutes. Afternoon free.

Night at the hotel

Day 16: Visit in the morning of Bodnath and Paschupatinath then afternoon Soyambunath.

Night at the hotel

Day 17: Visit Bhaktapur. Night at the hotel.

Day 18: Departure in the morning transfer to airport.