

ANNAPURNA SANCTUARY + CHITWAN + LUMBINI



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Url:

<https://mandalatrek.com.np/trip/annapurna-sanctuary-lumbini-and-chitwan-park/>

Country

Nepal

Difficulty

easy

Annapurna Sanctuary, Lumbini and Chitwan Park

Day 01: ARRIVAL IN KATHMANDU

transfer to Utse hotel by B/B.

Day 02: FULL DAY VISIT OF THE KATHMANDU VALLEY WITH GUIDE.

Day 02 to Day 04

Night in the same hotel.

Day 03: DEPART BY BUS TO BENSISHAR 5HRS THEN JEEP 3HRS TO DHARAPANI.

Night and dinner at the lodge (6h-650m).

Day 04: DHARAPANI/CHAME.

We progress towards the village of Chame in the upper valley of the Marsyangdi. View of Annapurna II. Hot springs. 5 hours of walking and 2700 m.

Day 05: CHAME/PISANG.

We visit Pisang, a typical village of Tibetan culture. We admire many stupas, monasteries and oratories. Superb view of Annapurna II and IV. (5h-3100m).

Day 06: PISANG/MANANG

We descend into the Manang valley. Then, let's reach the village of Manang, with its many stupas, monasteries and oratories. 5 hours of walking and 3650 m.

Day 07: MANANG: ALTITUDE ACLIMATIZATION.

Night at the same place.

Day 08: MANANG/PHEDI.

We begin the ascent of the Thorong pass. 6 hours of walking and 4400m

Day 09: PHEDI/MUKTINATH.

Ascent along moraine and rocky ridges to the pass and descent to Muktinath
Night and dinner at the lodge.

Day 10: MUKTINATH/ MARPHA

We take the Kali Gandaki valley to reach Marpha considered one of the most beautiful villages. 6 hours of walking and 2700 m.

Day 11: MARPHA/LETTE

We will enjoy the panoramic view of the peaks: Dhaulagiri, Tukche Peak. Annapurna I and Nilgiri. We cross the Lette Khola river. Night in Lette (1950m). 6 hour walk.

Day 12: LETTE/TATOPANI.

We cross narrow gorges overlooking the Kali Gandaki, waterfalls and hot springs. 6 hours of walking and 1200 m.

Day 13: TATOPANI/GOREPANI.

Ascent to Gorepani (2850 m). 6h30 walk.

Day 14: GHOREPANI - TADAPANI (2590 M) - CHOMRONG (2170 M)

(possibility of going up to Poon Hill). 8:15am hike if going up Poon Hill for sunrise.

Day 15: CHOMRONG - DOBAN (2870M - 6 HRS).

Day 16: DOBAN - MACCHAPUCHHARE BASE CAMP (3700 M - 4 HRS)

Day 17: Ascend to Annapurna Base Camp (4200m) and descend to Macchapuchhare Base Camp (1.5 hrs).

Afternoon, rest and walk.

Day 18: MACCHAPUCHHARE BASE CAMP - BAMBOO (2540M - 6.30 HRS)

Day 19: BAMBOO - GANDRUK (1950M - 6 HRS)

Day 20: GANDRUK - LANDRUK - POTANA (1500M - 5 HRS).

Day 21: POTANA- POKHARA (2H- 900M).

Night in a hotel.

Day 22: VISIT POKHARA.

Night at the same hotel.

Day 23: BUS TO LUMBINI 6AM.

Night in a hotel.

Day 24: DAY VISIT LUMBINI.

Night at the same hotel.

Day 25: DRIVE TO SAURHA NATIONAL PARK .4H:

Night and dinner in a guest house.

Day 26: VISIT THE PARK BY CANOEING AND ELEPHANT BACK.

Night at the same Guest house.

Day 27: DRIVE TO KATHMANDU.5H:

Free afternoon. Night at the hotel in B/B

Day 28: FREE DAY IN KATHMANDU.

Night in the same hotel.

Day 29: DEPART TRANSFER.